

ISABELLA KAHHALE, M.S.

| www.isabellakahhale.com | www.github.com/isabellakahhale | isabella.kahhale@pitt.edu |

EDUCATION

- 2019–present **PhD, Clinical & Developmental Psychology** (GPA 3.99; Quantitative Minor)
University of Pittsburgh (Pitt.), Pittsburgh PA
Advisor: Prof. Jamie Hanson, PhD
Dissertation (proposed June 10th 2024): *Early life adversity, empathy, & externalizing psychopathology in a longitudinal study of youth.*
- 2019–2021 **M.S. Clinical & Developmental Psychology**, Pitt.
Master’s Thesis: *Probing associations between childhood maltreatment, brain connectivity, and later antisocial behavior.*
Committee: Prof. Jamie L. Hanson, Prof. Amy L. Byrd, & Prof. Daniel S. Shaw, PhD
- 2013–2017 **B.S., Cognitive & Brain Sciences** (Minors: English and Ethics, Law, & Society)
Tufts University, Medford, MA
summa cum laude (GPA 3.93) and Highest Thesis Honors
Honors Thesis: *The fear response in dissociative identity disorder: an acoustic startle response study.*
Committee: Prof. Lisa Shin, PhD, & Dr. Lauren A. M. Lebois, PhD

HONORS & AWARDS

- 2024 **Bassell Student Publication Award** (\$100), Pitt. Dept. of Psychology
In recognition of an outstanding first-author manuscript published in the previous year.
- 2024 **Bassell Clinical Excellence Award** (\$100), Pitt. Dept. of Psychology
In recognition of outstanding clinical skill exhibited by a student in clinical externships.
- 2024 **Grad Student Council Award** (\$250), Learning, Research, & Development Center
- 2024 **E.B. Huey Research Grant** (\$1,000), Pitt. Dept. of Psychology
- 2024 **Trainee Diversity Travel Award**, Social and Affective Neuroscience Society (SANS)
- 2024 **Jeremy Johnson Landen Memorial Graduate Student Award**, Pitt. Dept. of Psychology
- 2023 **Open Access Author Fund** (\$1,000), Pitt. Library Services
- 2023 **Bassell Student Publication Award** (\$100), Pitt. Dept. of Psychology
- 2023 **Ruth Myers Research Excellence Award**, Pitt. Graduate Education Committee
- 2023 **Grad Student Council Award** (\$250), Learning, Research, & Development Center
- 2023 **Andrew W. Mellon Predoctoral Fellowship**, Pitt.
- 2022 **Summer Graduate Research Grant** (\$1,300), Psi Chi Intl. Honors Society in Psychology
- 2022 **Truran Award for Dissertation Research** (\$500), Pitt. Dept. of Psychology
- 2021 **Open Access Author Fund** (\$3,000), Pitt. Library Services
- 2021 **Grace & David Lazovik Clinical Psychology Research Grant** (\$1,000)
- 2021 **Student Training Award**, Academy of Psychological Clinical Science
- 2021 **Grad Student Council Award**, Learning, Research, & Development Center
- 2020 **E.B. Huey Research Grant** (\$750), Pitt. Dept. of Psychology
- 2020 **Student Travel Award**, American Psychology-Law Society
- 2019 **Arts and Sciences Fellowship**, Pitt.
- 2017 **Phi Beta Kappa Academic Honors Society**, Tufts University

2013–2017	Dean's List , Tufts University
2017	Wendell Phillips Senior Commencement Speaker Award Speech title: "Echo chambers online & offline and their repression of empathy & growth in discourse."
2016	Summer Internship Grant , Tufts Career Center
2016	The Class of 1921 Leonard Carmichael Prize for Excellence in Psychology , Tufts University
2015	Psi Chi International Honors Society in Psychology Induction

PEER-REVIEWED PUBLICATIONS

1. **Kahhale, I.**, Barry, R. K., Ong, D. C., Zaki, J., Hanson, J. L., (*accepted*). Exploring the Role of Empathy in the Association Between Early Life Adversity and Antisocial Behavior. *Affective Science*.
2. **Kahhale, I.**, Puccetti, N. A., Heller, A. S., Hanson, J. L. (2024). Probing connections between social connectedness, mortality risk, and brain age: A preregistered study. *Journal of Personality and Social Psychology*. <https://doi.org/10.1037/pspi0000465>
3. **Kahhale, I.**, Farrise, K., Das, A., McPhee, J., Galán, C.A., Scholars for Elevating Equity and Diversity (SEED), and Park, A. (2024). Recognizing the impact of racism-based traumatic stress on youth: Implications for research and clinical practice. *Journal of the American Academy of Child and Adolescent Psychiatry*. <https://doi.org/10.1016/j.jaac.2024.03.022>
4. Hanson, J. L., **Kahhale, I.**, Sen, S. (2024). Integrating Data Science and Neuroscience in Developmental Psychopathology: Formative Examples and Future Directions. *Development and Psychopathology*. <https://doi.org/10.1017/S0954579424001056>
5. **Kahhale, I.**, Hanson, J.L., Raine, A., Byrd A.L. (2024). Associations Between Subtypes of Empathy and Aggression in High-Risk Adolescents. *J Psychopathol Behav Assess*. <https://doi.org/10.1007/s10862-023-10112-1>
6. **Kahhale, I.**, Barry, K., Hanson, J. L. (2023). Positive parenting moderates associations between childhood stress and corticolimbic structure. *PNAS Nexus*. <https://doi.org/10.1093/pnasnexus/pgad145>
7. Hanson, J. L., O'Connor, K., Adkins, D. J., & **Kahhale, I.** (2023). Childhood Adversity and COVID-19 Outcomes: Findings from the UK Biobank. *Journal of Epidemiology & Community Health*. <https://jech.bmj.com/content/early/2023/11/01/jech-2023-221147?rss=1>
8. **Kahhale, I.**, Buser, Nicholas J., Madan, Christopher R., Hanson, Jamie L. (2023). Quantifying numerical and spatial reliability of amygdala and hippocampal subdivisions in FreeSurfer. *Brain Informatics*. <http://dx.doi.org/10.1186/s40708-023-00189-5>
9. Richie-Halford, A., Cieslak, M., Ai, L., Caffarra, S., Covitz, S., **The Fibr Community Science Consortium...** & Rokem, A. (2022). An analysis-ready and quality controlled resource for pediatric brain white-matter research. *Scientific Data*, 9(1), 1-27.
10. Bacas, E., **Kahhale, I.**, Raamana P. R., Pablo, J. R., Anand, A. S., Hanson, J. L. (2023). Probing Multiple Algorithms to Calculate Brain Age: Examining Reliability, Relations with Demographics, and Predictive Power. *Human Brain Mapping*. <https://doi.org/10.1002/hbm.26292>
11. **Kahhale, I.**, (2022). The Promise of Prediction: Review of Glenn & Raine, *NatRevNeuro*, 2014. Invited submission to *Nature Reviews Psychology*. <http://dx.doi.org/10.1038/s44159-022-00027-1>

12. Galán, C., Tung, I., Tabachnick, A., Sequeira, S., Novacek, D. M., **Kahhale, I.**, ... Bekele, B. (2022). Combatting the conspiracy of silence: Clinician recommendations for talking about racism and racism-related events with youth of color. *Journal of the American Academy of Child and Adolescent Psychology*. <https://doi.org/10.31234/osf.io/kuryx>. Selected by JAACAP as an “Editor’s Best of 2022” article.
13. Ong, D. C., Wu, Z., Zhi-Xuan, T., Reddan, M., **Kahhale, I.**, Mattek, A., & Zaki, J. (2019). Modeling emotion in complex stories: the Stanford Emotional Narratives Dataset. *IEEE Transactions on Affective Computing*. <http://dx.doi.org/10.1109/taffc.2019.2955949>
14. Seligowski, A. V., Lebois, L. A. M., Hill, S. B., **Kahhale, I.**, Wolff, J. D., Jovanovic, T., Winternitz, S. R., Kaufman, M. L., & Ressler, K. J., (2019). Autonomic responses to fear conditioning among women with PTSD and dissociation. *Depression and Anxiety*. <http://dx.doi.org/10.1002/da.22903>

MANUSCRIPTS UNDER REVIEW

1. **Kahhale, I.**, Byrd, A. L., Hanson, J. L., (*under review*). Exploring the Nexus of Early Life Adversity and Empathy: A Comprehensive Review of Past Research and Recommendations for Future Directions.
2. **Kahhale, I.**, Hackel, L. & Zaki, J., (*under review*). Balancing Emotional Scales: Empathy and Dehumanization in Legal Contexts.
3. **Kahhale, I.** & Hanson, J. L. (*under review*). Dimensions of Early Life Adversity and Empathy Development in a Longitudinal Sample of Youth: a Registered Report.
4. Ong, D. C., Jospe, K., Reddan, M., Wu, Z., **Kahhale, I.**, Perry, A., Zaki, J. (*under review*). People optimally and flexibly process emotional information across multiple modalities.
5. Reddan, M., Ong, D. C., Wager, T. D., Mattek, S., **Kahhale, I.**, Zaki, J. (*under review*). Dissociable Patterns of Socioemotional Intent and Inference Align when Observers are Empathically Accurate.
6. Galán, C., Tung, I., Tabachnick, A., Sequeira, S., Novacek, D. M., **Kahhale, I.**, ... Bekele, B. (2021, March 5). Talking about Racism in the Context of the Trial against George Floyd’s Murderer: Practical Recommendations for Professionals, Parents, & Clinicians. *PsyArXiv*. <https://doi.org/10.31234/osf.io/t4m7j>

MANUSCRIPTS IN PREPARATION

1. **Kahhale, I.**, Ojha, A., Henry, T., Raine, A., Hanson, J. L., Byrd, A. L. (*in prep*). Individual differences in brain volume, surface area, and cortical thickness connected to empathy and aggression subtypes in high-risk adolescents (pre-registration: <https://osf.io/by9rq>)
2. Ojha, A., **Kahhale, I.**, Henry, T., Byrd, A. L. (*in prep*). Mesocorticolimbic resting-state functional connectivity is associated with aggression subtypes in adolescents.
3. Byrd, A. L., **Kahhale, I.**, Vize, C., Griffith, R., Viding, E., Stepp, S. (*in prep*). Expanding contingency learning models of aggression: conceptual and methodological considerations to enhance clinical utility. Submission to Special Issue of *Aggression and Violent Behavior*.
4. DeLap, G., Nook, E., Carolus, A. E., Chwyl, C., **Kahhale, I.**, Zaki, J., & Starr, L. (*in prep*). Inter- and Intra-personal emotion differentiation (pre-registration: <https://osf.io/evdk7>)

PRESENTATIONS

RESEARCH TALKS

1. **Kahhale, I.** (*scheduled*, 2025). Latent Growth Curve Modeling: Theoretical Applications and Tutorial in R. A talk presented at the Committee for Advanced Methodological Learning (CAMEL) in fulfillment of the Pitt. Quantitative Minor. Scheduled for March 20, 2025.
2. **Kahhale, I.** (2024). Empathy as a Critical and Underexplored Link between Early Life Adversity and Externalizing Psychopathology. Invited research talk presented to the Princeton University Logic of Emotion (LEMO) Lab, October 4th, 2024.
3. **Kahhale, I.** (2024). Exploring the Nexus of Early Life Adversity and Empathy: A Comprehensive Review of Past Research and Recommendations for Future Directions. Research talk presented to the Department of Psychology Jeremy Johnson Landen Award Event, April 2024.
4. **Kahhale, I.,** Hanson, J. L., Raine, Adrian, Byrd, A. L. (2023). Socioemotional brain structure and normative deviations: Connections with subtypes of empathy and aggression. Invited Flash Talk at Aggression and Violent Behavior Conference, October 2023.
5. Byrd, A. L., **Kahhale, I.,** Stepp, S. (2023). Expanding Learning Models of Aggression: Examining Function within the Dyadic Context to Enhance Clinical Utility. Talk at Aggression and Violent Behavior Conference, October 2023.
6. **Kahhale, I.,** Barry, K., Hanson, J. L. (2023). Empathic Accuracy Moderates the Association between Early Life Adversity and Adult Antisocial Behavior. Invited Data Blitz Talk at Society for the Scientific Study of Psychopathy Early Career Event, May 2023.
7. **Kahhale, I.,** Barry, R. K., Hanson, J. L., (2023). Empathic Accuracy Moderates the Association between Early Life Adversity and Adult Delinquency. Flash talk presented at Society for Affective Science (SAS) Meeting, April 2023.
8. **Symposium Chair**, Heterogeneity in Externalizing Psychopathology: the Contribution of Multiple Etiological Pathways across Childhood and Adolescence (2023). Society for Research in Child Development (SRCD) biennial meeting symposium, March 2023.
9. **Kahhale, I.,** Hanson, J. L., Raine, Adrian, Byrd, A. L. (2023). Associations between Empathy and Aggression Subtypes in High-Risk Adolescents. Symposium talk at SRCD biennial meeting, March 2023.
10. Reddan, M., Ong, D. C., Mattek, A., **Kahhale, I.,** Zaki, J. (2022). Brain representations of socioemotional information: the separation of input and inference. Talk presented at the International Society for Research on Emotions Conference, Los Angeles, CA.
11. **Kahhale, I.,** (2021). Probing Associations between Childhood Maltreatment, Brain Connectivity, and Later Antisocial Behavior. University of Pittsburgh Clinical Research Seminar. October 29, 2021.

RESEARCH POSTERS

Trainee authors/presenters are underlined.

1. **Kahhale, I.,** Hanson, J. L. (2024). Empathic Accuracy for Negative Stimuli Moderates the Association between Early Life Adversity and Adult Antisocial Behavior. Poster accepted for the upcoming Society for Research on Psychopathology, October 2024.
2. **Kahhale, I.,** Hanson, J. L., Raine, Adrian, Byrd, A. L. (2024). Socioemotional brain structure and connections with subtypes of aggression. Poster at the University of Pittsburgh Medical Center (UPMC) Department of Psychiatry Research Day (June 13, 2024).

3. **Kahhale, I.,** Hanson, J. L. (2024). Probing connections between social connectedness, mortality risk, and brain age: A preregistered study. Poster at the Social and Affective Neuroscience Society Conference (April 10-13, 2024).
4. **Kahhale, I.,** Hanson, J. L., Raine, Adrian, Byrd, A. L. (2023). Emotion regulatory brain structure and normative deviations: connections with subtypes of aggression. Poster at Developmental Affective Neuroscience Symposium Conference, November 9th 2023.
5. **Kahhale, I.,** Barry, K., Hanson, J. L. (2023). Empathic Accuracy Moderates the Association between Early Life Adversity and Adult Antisocial Behavior. Poster at the Society for the Scientific Study of Psychopathy Early Career Event, May 2023.
6. **Kahhale, I.,** Barry, K., Hanson, J. L. (2023). Positive Parenting Moderates Associations between Childhood Stress and Corticolimbic Structure. Poster at SRCD biennial meeting, March 2023.
7. Smith, C., **Kahhale, I.,** Hanson, J.H. (2021). Investigating Associations between Childhood Maltreatment, Cortical Thickness, and Surface Area. University of Pittsburgh Psychology Department Undergraduate Student Research Poster Session. April 14, 2021.
8. **Kahhale, I.,** Hackel, L., & Zaki, J. (2020). The impact of victim and defendant narratives on empathy, dehumanization, and sentencing. Data Blitz talk at the 2020 American Psychology-Law Society Annual Conference, in New Orleans, Louisiana, March 5-7, 2020.
9. **Kahhale, I.,** Hackel, L., & Zaki, J. (2019). Mock juror exposure to two sides in a criminal case. Poster at the Annual Society for Personality and Social Psychology Conference, Portland, OR.
10. **Kahhale, I.,** Lebois, L., Bigony, C., Wolff, J., Winternitz, S., Ressler, K., Kaufman, M. (2017). The fear response in dissociative identity disorder: An acoustic startle response study. Poster at the Tufts Undergraduate Research Symposium, Medford, MA.
11. **Kahhale, I.,** Lebois, L., Bigony, C., Wolff, J., Winternitz, S., Ressler, K., Kaufman, M. (2017). The fear response in dissociative identity disorder: An acoustic startle response study. Poster at the International Society for the Study of Trauma and Dissociation Conference, Arlington, VA.

CLINICAL TALKS & WORKSHOPS

1. **Kahhale, I** & Hutchinson, E. (2024). Navigating a Graduate Career in Psychology after an Undergrad Degree. Professional Development Seminar presented to EMBRACE Lab, July 29th 2024.
2. **Kahhale, I.** (2024). Cultural Opportunities and Misses while Treating Trauma in a Minoritized Adolescent. Clinical talk presented to Pitt Clinical Students, June 12th, 2024.
3. **Kahhale, I.** (2024). Treating Trauma and Suicidality in Adolescents: a Cultural Case Conceptualization & Presentation. Clinical talk presented to Pitt Clinical Students, March 20th, 2024.
4. **Kahhale, I.** (2023). Practicum Placement at Services for Family Enrichment (SAFE): Opportunities and Challenges. Clinical talk presented to Pitt Clinical Students, August 10th, 2023.
5. Galán, C., Boness., C., Sequeira, S., **Kahhale, I.,** Gonzalez, C. J. (2022). Workshop on “Prioritizing Anti-Racism in Our Research and Professional Development: Lessons Learned from Scholars for Elevating Equity and Diversity (SEED)”. JCCAP Future Directions Forum, June 2022.
6. Boness., C., Gonzalez, C. J., **Kahhale, I.,** (2022). Combatting the Conspiracy of Silence: Recommendations for Talking about Racism-Related Events. Invited Workshop for Clinical Psychology PhD Students at Palo Alto University. May 2022.

RESEARCH EXPERIENCE

- Sept. 2019–
present **Learning, Imaging, and Family Experience Laboratory**, University of Pittsburgh
Graduate Student Researcher
Department of Psychology and Learning, Research, & Development Center
Advisor: Dr. Jamie Hanson, PhD
- Sept. 2017–
June 2019 **Stanford Social Neuroscience Lab**, Stanford University
Project Coordinator
Department of Psychology
Advisor: Dr. Jamil Zaki, PhD
Organized data collection for a multi-site, R01-funded project on the neural and computational bases of naturalistic emotion inference.
- June 2016–
May 2017 **Ressler Neurobiology of Fear Lab**, Harvard/McLean Hospital
Senior Honors Thesis Student, Undergraduate Research Assistant
Advisors: Dr. Kerry Ressler, MD PhD, Dr. Lauren A. M. Lebois, PhD
Completed independent honors thesis project assessing the fear response in women with a history of chronic childhood abuse and maltreatment.
- Sept. 2015–
Dec. 2015 **PTSD Neuroimaging Lab**, Tufts University
Undergraduate Research Assistant
Advisors Dr. Lisa Shin, PhD, Dr. Michael B. VanElzakker, PhD
Assisted with U.S. Army-funded research on the therapeutic utility of Transcranial Direct Current Stimulation.
- Sept. 2015–
Dec. 2015 **Early Childhood Cognition Lab**, Massachusetts Institute of Technology (MIT)
Undergraduate Research Assistant
Advisors: Dr. Laura Schultz, PhD, Melissa Klein
Collected/coded video data from children at Boston Children’s Museum.

CLINICAL EXPERIENCE & TRAINING

- July 2024–
present **Center for Traumatic Stress in Children and Adolescents**
Clinical Psychology Extern
Allegheny Health Network
Supervisors: Dr. Anthony P. Mannarino, PhD; Dr. Ashley Dandridge, PsyD
Employ standardized assessments (e.g., Child PTSD Symptom Scale for DSM-5 [CPSS-5], the Young Child PTSD Checklist [YCPC], the Child and Adolescent Trauma Screen-2 [CATS-2]) to evaluate trauma symptoms and deliver TF-CBT therapy to children and adolescents.
- May 2024–
present **Mother and Family Dialectical Behavior Therapy (DBT) Skills Training**
Clinical Psychology Extern
University of Pittsburgh Medical Center (UPMC) Western Psychiatric Hospital
Supervisors: Dr. Amy L. Byrd, PhD; Dr. Stephanie Stepp, PhD
Deliver DBT skills training to mothers of 9–11-year-olds with borderline personality disorder as part of a federally funded randomized control trial to test emotion dysregulation as intergenerational risk mechanism for suicide. Conduct risk assessments and develop safety plans with families.

- Aug. 2023–
Aug. 2024
- Mathilda Theiss Center for Child & Adolescent Trauma**
Clinical Extern
UPMC Western Psychiatric Hospital
Supervisors: Dr. Kimberly Blair, PhD; Rachel Ludwig, LCSW
Delivered evidence-based therapies including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Integrative Treatment for Complex Trauma-Adolescents (ITCT-A).
- May 2023–
June 2024
- Services for Adolescents and Families (SAFE)**
Clinical Extern
UPMC Western Psychiatric Hospital
Supervisors: Dr. David Kolko, PhD ABPP; Eunice Torres, MS; Jessica Gahr, MA
Conduct clinical assessment, consultation, and treatment of youth (ages 10-18) court-mandated to treatment for problematic sexual behavior. Attend weekly collaborative treatment team meetings with probation officers to review program and case progress.
- May 2023–
June 2024
- Alternative for Families Cognitive Behavioral Therapy (AF-CBT) Program**
Clinical Extern
UPMC Western Psychiatric Hospital
Supervisors: Dr. David Kolko, PhD ABPP; Eunice Torres, MS; Jessica Gahr, MA
Conducted intake and full course of AF-CBT treatment for a family referred through CPS.
- May 2023–
Aug. 2023
- Pediatric Neuropsychology Service: Pediatric Rehabilitation Medicine**
Trainee in Pediatric Neuropsychology
UPMC Children’s Hospital of Pittsburgh
Supervisor: Dr. Sarah Laughlin, PhD
Conducted weekly pediatric neuropsychology outpatient evaluations with individuals ages 3-25 presenting with a variety of concerns including traumatic brain injury, stroke, and epilepsy. Designed test batteries, administered, scored, and interpreted neuropsychological tests, wrote integrated reports, and provided feedback.
- Aug. 2021–
Aug. 2023
- Neuropsychological Assessments at the Pitt. Clinical Psychology Center**
Assessing Clinician
Supervisors: Dr. Jill Cyranowski, PhD; Dr. Andrew Koffmann, PhD
Conducted neuropsychological testing for adult and child clients for a variety of concerns (e.g., ADHD, learning disabilities, memory impairment).
- Aug. 2022–
June 2023
- Services for Teens at Risk (STAR)**
Behavioral Health Intern
UPMC Western Psychiatric Hospital
Supervisor: Maria Anderson, LCSW
Conducted assessment interviews with adolescents (ages 13-18) with depression, anxiety, and suicidality; co-led IOP groups; independently conducted individual outpatient therapy.
- May 2022–
May 2023
- Families, Emotions, Neuroscience, & Development Laboratory Teen SCREEN Study**
Study and On-Call Clinician
University of Pittsburgh
Supervisors: Jennifer Silk, PhD, Cecile Ladouceur, PhD, Caroline Oppenheimer, PhD, Lori Scott, PhD, Kiera James, PhD
Conducted diagnostic interviews (i.e., K-SADS) and suicide risk and safety assessments with adolescent girls ages 13-17 with recent suicidality and/or self-injurious behaviors. Served as on-call clinician responding to reports of suicidality during daily assessments via phone calls.

- Jan. 2022–
Dec. 2022 **Child and Family Psychotherapy at the Pitt. Clinical Psychology Center**
Individual Child Therapist
Supervisors: Dr. Barbara Baumann, PhD; Dr. Jennifer Silk, PhD
Used standardized treatment protocols to treat child and teen clients including MATCH-ADTC and Coping Cat.
- Jan. 2022–
Aug. 2022 **Pitt. Clinical Psychology Center**
Clinic Assistant
Supported departmental clinic through managing calls from clients, conducting phone intakes, and assisting student clinicians with tasks.
- Nov. 2020–
Apr. 2022 **Adult Psychotherapy at the Pitt. Clinical Psychology Center**
Individual Adult Therapist
Supervisors: Dr. Jill Cyranowski, PhD; Dr. Kathryn Roecklein, PhD
Used standardized treatment manuals (e.g., the Unified Protocol) to treat adult clients with anxiety, depression, and ADHD.
- June 2020–
Aug. 2020 **University of Pittsburgh Counseling Center**
Workshop Facilitator
Led virtual workshops on stress management, mindfulness, and other topics aimed at helping students cope with the COVID-19 pandemic.

MENTORING & ADVISING EXPERIENCE

- 2023-2024
2021-2022 **Graduate Mentor, Hot Metal Bridge Fellowship Program**
Mentored students in a year-long, post-baccalaureate fellowship program designed to help students from groups traditionally underrepresented bridge the gap between an undergraduate degree and a graduate training program.
- May 2022–
Dec. 2022 **Peer Supervisor, Pitt. Clinical Psychology Center**
Provided weekly supervision on managing caseload and developing clinical skills.
- Apr. 2021–
May 2022 **Graduate Advisor, Psi Chi Honors Society, University of Pittsburgh Chapter**
Advised undergraduate members of Psi Chi in planning professional development workshops and speaker engagements.
- Sept. 2020–
May 2021 **Mentor, Undergraduate Honors Thesis Program, Pitt. Psychology Department**
Served as the graduate student mentor for an undergraduate thesis on adverse childhood experiences & physical health outcomes.
- June 2020–
June 2021 **Peer Mentor, Peer Mentorship Program, Pitt. Psychology Department**
Mentored a 1st year graduate student on balancing demands of graduate school, seeking out funding, and setting personal and professional goals.
- March 2020–
March 2021 **Mentor, Society for Clinical Child & Adolescent Psychology (Division 53)**
Communicated with undergraduate mentee monthly.

TEACHING EXPERIENCE

- Aug. 2022–
Dec. 2022 **Course: Introduction to Psychology**
Graduate Teaching Assistant
Department of Psychology, University of Pittsburgh
Held weekly office hours, hosted review sessions, & graded assignments.

June 2021– Aug. 2021	Course: Introduction to Social Psychology <i>Instructor of Record/Teaching Fellow</i> Department of Psychology, University of Pittsburgh Course included synchronous & asynchronous components (via Panopto, Canvas, Top Hat).
Oct. 2021	Lecture: Childhood Maltreatment & the Brain <i>Guest Lecturer</i> , Introduction to Psychology, University of Pittsburgh
April 2021	Lecture: Adverse Experiences in Childhood & Brain Development <i>Guest Lecturer</i> , Introduction to Psychology, University of Pittsburgh
March 2020	Lecture: The Stress Response & Adverse Childhood Experiences <i>Guest Lecturer</i> , Introduction to Psychology, University of Pittsburgh
Jan. 2020– Apr. 2020	Course: Introduction to Psychology <i>Graduate Teaching Assistant</i> Department of Psychology, University of Pittsburgh
Aug. 2016– Dec. 2016	Course: Introduction to Psychology <i>Undergraduate Teaching Assistant</i> Department of Psychology, Tufts University

LEADERSHIP & SERVICE

Nov. 2020– present	<i>Contributing Author</i> , Scholars for Elevating Equity and Diversity (SEED) Collaborate with scholars to publish work on diversity, equity, and inclusion.
April 2021– Aug. 2023	<i>Leader</i> , Psychology Equity, Inclusion, and Community Committee Clinical Subgroup Worked with department leadership to advance DEI in research, academics, and practice.
Oct. 2022	<i>Editor</i> , Application Statement Feedback Program (ASFP) Provided constructive feedback on 4 PhD application personal statements for individuals with identities underrepresented in psychology.
June 2020– Sept. 2022	<i>Peer Reviewer</i> , Journal of Emerging Investigators (JEI) Reviewed scientific articles submitted by middle & high school students.
Sept. 2019– Sept. 2022	<i>Student Representative</i> , Learning, Research, & Development Center Graduate Council <i>Grad Council Leader</i> from Jan. 2022 – Sept. 2022 Nominated to represent Developmental Psychology grad students at Pitt.
Spring 2020, Spring 2021	<i>Assistant Coach</i> , Girls on the Run , Pittsburgh, PA Coached girls (3 rd –7 th grade) on body positivity, confidence, & exercise.
May 2020– May 2021	<i>Graduate Student Representative</i> , Clinical Psychology Area , Pitt. Psychology Department Nominated to represent graduate students in the clinical psychology area through attending faculty meetings, organizing events, and relaying concerns. Created video and slideshow still in use by the program to be used for prospective PhD applicants.
May 2020– Aug. 2020	<i>Tutor</i> , Gwen’s Girls , Pittsburgh, PA Provided weekly academic support to under-resourced youth during COVID-19 pandemic.
Jan. 2018– Jan. 2019	<i>Tutor</i> , Each One Reach One , San Mateo, CA Served as weekly GED tutor to incarcerated youth in a Juvenile Justice Center.
Jan. 2018– Jan. 2019	<i>Hotline Counselor</i> , Crisis Intervention & Suicide Prevention Center , San Mateo, CA Volunteered weekly as a crisis phone counselor for San Mateo county.

Aug. 2015–
May 2017 *Hotline Counselor, Ears for Peers*, Tufts University, Medford, MA
Served as a phone counselor for Tufts students to anonymously discuss concerns.

SPECIALIZED CLINICAL TRAINING

June 2024–
present **Seminar: Center for Traumatic Stress in Children and Adolescents TF-CBT**
Trainers: Dr. Anthony Mannarino, PhD, Dr. Judith Cohen, MD
Weekly seminar to review current research and evidence base for TF-CBT.

May 2024–
Aug. 2024 **Training: Dialectical Behavior Therapy Skills**
Trainer: Dr. Maureen Zalewski, PhD, University of Oregon
Three-month training as part of a NIMH R01-funded grant to deliver DBT to mothers with emotion dysregulation/history of suicide. Weekly training includes review of textbook and videos (4-7 hrs.), recording applied practice (2 hrs.), and supervision meeting (1 hr.)

Dec. 2023 **Workshop: Diagnosing Trauma- and Stressor-Related Disorders**
UPMC Mathilda Theiss Center for Child and Adolescent Trauma Services
Instructor: Dr. Kimberly Blair, PhD (2 hrs.)

Dec. 2023 **Workshop: Comprehensive Crisis Management, UPMC Behavioral Health**
Live instruction on to support individuals in crisis, including aggression management and emergency safety intervention techniques (8 hrs.).

Oct. 2023 **Training: Integrative Treatment of Complex Trauma for Adolescents (ITCT-A)**
UPMC Behavioral Health
Dr. Cheryl Lanktree, PhD (6 hrs.)

Sept. 2023 **Training: Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)**
Trainer: Dr. Alicia Meyer, PhD
Completed 11-hour webinar (TF-CBT Web), 2-day live training (16 hrs.), and monthly 1-hour consultations calls for 12 months.

Sept. 2023 **Webinar: Counseling on Access to Lethal Means (CALM), Zero Suicide**
Training on lethal means counseling reducing access for people at risk for suicide (2 hrs.)

Aug. 2020–
Sept. 2023 **Peer Supervision: Cultural Humility Discussion Group, Pitt. Department of Psychology**
Monthly meetings led by student clinicians.

Aug. 2023 **Workshop: Minimal Fact Interviewing on Child Abuse, UPMC Children's Hospital**
Trainer: Richard DiBello, Senior Forensic Interviewer (1.5 hours)

July 2023 **Workshop: Culturally Humble Approaches to Discussing Firearm Safety, VA Pittsburgh**
Trainer: Dr. Sarah Butterworth, PhD (1.5 hours)

July 2023 **Training: Clinical Homicide & Aggression Management Practices for Inpatient, Outpatient, & Nontraditional Settings, UPMC**
Trainer: Dr. Jack Rozel, MD, MSL (8 hours)

June 2023 **Training: Alternative for Families Cognitive Behavioral Therapy (AF-CBT)**
Trainers: Dr. David J. Kolko, PhD, Dr. Barbara Baumann, PhD, Dr. Sarah Clearly, PhD
A behavioral family intervention for families who exhibit or are at risk for problems with anger, aggression, and/or child physical abuse. Three-day training (20 hrs.) and monthly 1-hour consultations calls for 12 months.

July 2022	Workshop: Basic Training in Child Trauma, UPMC Behavioral Health <u>Instructor:</u> Dr. Kimberly Blair, PhD (3 hrs.)
March 2022	Workshop: Integrating Diversity Factors into Evidence-Based Treatments <u>Instructor:</u> Dr. Anu Asnaani, PhD, University of Utah (3 hrs.)
Sept. 2021	Workshop: Motivational Interviewing, Allegheny HealthChoices (14 hrs.)
June 2021	Workshop: Developing Multicultural Orientation Through Intentional Practice <u>Instructor:</u> Dr. Jesse Owen, PhD, University of Denver
Aug. 2020	Webinar: Telepsychology Best Practices 101 Clinical Evaluation & Care: Cultural Competencies, Documentation (2 hrs.) About the Tech: Video, Email, Text Messaging, & Apps (2 hrs.) Legal, Regulatory, & Ethical Rules of the Road (2 hrs.)
Aug. 2020	Webinar: A Practical Guide to Providing Telepsychology with Minimal Risk The National Register of Health Service Psychologists (3 hrs.)
June 2020	Webinar: Anti-Racism Training The Diversity and Resiliency Institute of El Paso (6 hrs.)
Feb. 2020	Workshop: Identifying and Addressing Intimate Partner Violence in Clinical Practice <u>Instructor:</u> Dr. Patricia Cluss, PhD (1 hour)
Jan. 2018	Training: National Hotline Counselor Certification Crisis Intervention & Suicide Prevention Center (48 hrs.)

CLEARANCES

March 2023	FBI Criminal Background Check
March 2023	Pennsylvania State Criminal Background Check
March 2023	Pennsylvania Child Abuse History Certification
Sept. 2019	Pennsylvania Mandated Reporting Training (Recognizing & Reporting Child Abuse (3 hrs.))

SKILLS

Data Collection & Analysis

R and R Studio for data wrangling and statistics (e.g., longitudinal growth curve modeling using *lavaan*)
GitHub (www.github.com/isabellakahhale) for code sharing

Cognitive Assessments (selected)

Weschler Adult Intelligence Scale (WAIS-IV); Weschler Intelligence Scale for Children (WISC-V); Wechsler Individual Achievement Test (WIAT-III); Minnesota Multiphasic Personality Inventory II (MMPI-II)

Clinical Interviews

The Structured Clinical Interview for DSM-IV Clinician Version (SCID-5-CV); The Mini International Neuropsychiatric Interview (MINI); The Schedule for Affective Disorders and Schizophrenia for School-Age Children – Present and Lifetime Version (K-SADS-PL)

Manualized/Evidence-Based Treatments

The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders (UP); Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC); Alternative for Families Cognitive Behavioral Therapy (AF-CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Integrative Treatment of Complex Trauma for Adolescents (ITCT-A)

Languages

- Lebanese Arabic (native speaker), Spanish (intermediate/CEFR B2 level)

METHODOLOGICAL COURSEWORK & WORKSHOPS

Graduate Coursework

Fall 2023	Mixed-Effects Modeling
Spring 2022	Data Science for Psychology and Neuroscience (<i>Carnegie Mellon University</i>)
Fall 2021	Behavioral Neuroscience
Spring 2021	Structural Equation Modeling
Spring 2020	Advanced Statistics II
Fall 2019	Advanced Statistics I

Workshops

Apr. 2023	Group Iterative Multiple Model Estimation (GIMME), APA Workshop
July 2021	Applied Machine Learning in R, Pittsburgh Summer Methodology Series
May 2021	Structural Equation Modeling, Curran-Bauer Analytics
Feb. 2018	Data Wrangling in R, Stanford University Workshop
Jan. 2018	Intro to Python, Stanford University Workshop
June 2018	MRI Scanner Operator Certification, Stanford Center for Neurobiological Imaging

EDITORIAL ACTIVITIES

Invited Ad Hoc Reviewer

Psychological Medicine

Co-Reviewer with Dr. Jamie L. Hanson

Affective Science, Developmental Cognitive Neuroscience, Psychological Science, Social Cognitive and Affective Neuroscience, Journal of Experimental Child Psychology

Co-Reviewer with Dr. Amy L. Byrd

Aggression and Violent Behavior

PROFESSIONAL MEMBERSHIPS

2024–present	Society for Research in Psychopathology
2023–present	Society of Clinical Child and Adolescent Psychology
2023–present	Society for a Science of Clinical Psychology
2022–present	Society for the Scientific Study of Psychopathy (SSSP)
2020–present	Flux Society (Developmental Cognitive Neuroscience)
2019–present	American Psychological Association (APA)
2017–present	Psi Chi, the International Honor Society in Psychology
2017–present	Social and Affective Neuroscience Society

MEDIA COVERAGE & SCIENCE COMMUNICATION

“Childhood trauma could lead to worse COVID-19 outcomes decades later.” **PittWire** (2023, November 14). Retrieved November 14, 2023 from <https://tinyurl.com/3ds695y5>

“Study links childhood trauma to COVID-19 deaths, hospitalizations.” **MedicalXpress** (2023, November 3). Retrieved November 6, 2023 from <https://medicalxpress.com/news/2023-11-links-childhood-trauma-covid-deaths.html>

“The Neuroscience of Nurturing: Protecting the brain with positive parenting.” **Psychology Today** (2023, July 7). Retrieved July 11, 2023 from <https://www.psychologytoday.com/intl/blog/the-gift-of-adhd/202307/the-neuroscience-of-nurturing>

“Positive parenting can help protect against the effects of stress in childhood and adolescence, new study shows.” **Yahoo! News** (2023, July 10). Retrieved July 11, 2023 from <https://news.yahoo.com/positive-parenting-help-protect-against-123226467.html>

Hanson, J. L., **Kahhale, I.**, (July 10, 2023). “Positive parenting can help protect against the effects of stress in childhood and adolescence, new study shows.” Blog post written for **the Conversation**. <https://theconversation.com/positive-parenting-can-help-protect-against-the-effects-of-stress-in-childhood-and-adolescence-new-study-shows-208268>