

ISABELLA KAHHALÉ, M.S.

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EDUCATION

- Ph.D., Clinical & Developmental Psychology**, University of Pittsburgh (Pitt.) Aug. 2019 – present
- GPA 3.99; earning Quantitative Minor
 - Researcher at the Learning, Research, & Development Center
 - Graduate Advisor: Prof. Jamie Hanson, Ph.D.
- M.S. Clinical & Developmental Psychology**, Pitt. Aug. 2019 – Apr. 2021
- Master’s Thesis: “Probing associations between childhood maltreatment, brain connectivity, and later antisocial behavior.”
 - Committee: Prof. Jamie L. Hanson, Ph.D., Prof. Amy L. Byrd, PhD., & Prof. Daniel S. Shaw, PhD
- B.S., Cognitive & Brain Sciences**, Tufts University Sept. 2013 – May 2017
- Minor in English and Certificate in Ethics, Law, & Society
 - *summa cum laude* (GPA 3.93) and Highest Thesis Honors
 - Senior Honors Thesis: “The fear response in dissociative identity disorder: an acoustic startle response study.”
 - Committee: Prof. Lisa Shin, Ph.D., & Dr. Lauren A. M. Lebois, PhD.

HONORS AND AWARDS

- Bassell Student Publication Award** (\$100), Pitt. Dept. of Psychology June 2024
In recognition of outstanding first-author manuscripts published in the previous year.
- Bassell Clinical Excellence Award** (\$100), Pitt. Dept. of Psychology June 2024
In recognition of outstanding clinical skill exhibited by a student in clinical externships.
- Grad Student Council Award** (\$250), Learning, Research, & Development Center Apr. 2024
- E.B. Huey Research Grant** (\$1,000), Pitt. Dept. of Psychology Apr. 2024
Research proposal: “Associations between Early Life Adversity, a Task-Based Measure of Emotion Recognition, and Antisocial Behavior.”
- Trainee Diversity Travel Award**, Social and Affective Neuroscience Society (SANS) March 2024
- Jeremy Johnson Landen Memorial Graduate Student Award**, Pitt. Dept. of Psychology March 2024
Research project: “Exploring the Nexus of Early Life Adversity and Empathy: A Comprehensive Review of Past Research and Recommendations for Future Directions.”
- Open Access Author Fund** (\$1,000), Pitt. Library Services Aug. 2023
- Bassell Student Publication Award** (\$100), Pitt. Dept. of Psychology June 2023
In recognition of outstanding first-author manuscripts published in the previous year.
- Ruth Myers Research Excellence Award**, Pitt. Graduate Education Committee May 2023
Research project: “Individual Differences in Empathy Linked to Risk and Resilience for Aggression Among High-Risk Adolescents.”
- Grad Student Council Award**, Learning, Research, & Development Center March 2023

Andrew W. Mellon Predoctoral Fellowship , Pitt.	March 2023
Summer Graduate Research Grant (\$1,300), Psi Chi Intl. Honors Society in Psychology <i>Research proposal: "Associations between Dimensions of Early Life Adversity & Empathy."</i>	July 2022
Truran Award for Dissertation Research (\$500), Pitt. Dept. of Psychology	July 2022
Open Access Author Fund (\$3,000), Pitt. Library Services	Nov. 2021
Grace & David Lazovik Clinical Psychology Research Grant (\$1,000)	Oct. 2021
Student Training Award , Academy of Psychological Clinical Science	June 2021
Grad Student Council Award , Learning, Research, & Development Center	May 2021
E.B. Huey Research Grant (\$750), Pitt. Dept. of Psychology <i>Research proposal: "Exploring Early Life Adversity & Empathy within a Social Information Processing Model for Antisocial Behavior."</i>	Apr. 2020
Student Travel Award , American Psychology-Law Society	Jan. 2020
Arts and Sciences Fellowship , Pitt.	Sept. 2019
Wendell Phillips Senior Commencement Speaker Award <i>Speech title: "Echo chambers online & offline and their repression of empathy & growth in discourse."</i> speech available here: https://bit.ly/30785J5	Apr. 2017
Dean's List , Tufts University	2013-2017
Phi Beta Kappa Academic Honors Society	Apr. 2017
Summer Internship Grant , Tufts Career Center	May 2016
The Class of 1921 Leonard Carmichael Prize for Excellence in Psychology	May 2016
Psi Chi International Honors Society in Psychology Induction	May 2015

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

1. **Kahhalé, I.**, Puccetti, N. A., Heller, A. S., Hanson, J. L. (*accepted*). Probing connections between social connectedness, mortality risk, and brain age: A preregistered study. *Journal of Personality and Social Psychology*.
2. **Kahhalé, I.**, Farrise, K., Das, A., McPhee, J., Galán, C.A., Scholars for Elevating Equity and Diversity (SEED), and Park, A. (2024). Recognizing the impact of racism-based traumatic stress on youth: Implications for research and clinical practice. *Journal of the American Academy of Child and Adolescent Psychiatry*. <https://doi.org/10.1016/j.jaac.2024.03.022>
3. Hanson, J. L., **Kahhalé, I.**, Sen, S. (2024). Integrating Data Science and Neuroscience in Developmental Psychopathology: Formative Examples and Future Directions. *Development and Psychopathology*. <https://doi.org/10.1017/S0954579424001056>
4. **Kahhalé, I.**, Hanson, J.L., Raine, A., Byrd A.L. (2024). Associations Between Subtypes of Empathy and Aggression in High-Risk Adolescents. *J Psychopathol Behav Assess*. <https://doi.org/10.1007/s10862-023-10112-1>

5. **Kahhalé, I.**, Barry, K., Hanson, J. L. (2023). Positive parenting moderates associations between childhood stress and corticolimbic structure. *PNAS Nexus*.
<https://doi.org/10.1093/pnasnexus/pgad145>
6. Hanson, J. L., O'Connor, K., Adkins, D. J., & **Kahhalé, I.** (2023). Childhood Adversity and COVID-19 Outcomes: Findings from the UK Biobank. *Journal of Epidemiology & Community Health*.
<https://jech.bmj.com/content/early/2023/11/01/jech-2023-221147?rss=1>
7. **Kahhalé, I.**, Buser, Nicholas J., Madan, Christopher R., Hanson, Jamie L. (2023). Quantifying numerical and spatial reliability of amygdala and hippocampal subdivisions in FreeSurfer. *Brain Informatics*. <http://dx.doi.org/10.1186/s40708-023-00189-5>
8. Richie-Halford, A., Cieslak, M., Ai, L., Caffarra, S., Covitz, S., **The Fibr Community Science Consortium...** & Rokem, A. (2022). An analysis-ready and quality controlled resource for pediatric brain white-matter research. *Scientific Data*, 9(1), 1-27.
9. Bacas, E., **Kahhalé, I.**, Raamana P. R., Pablo, J. R., Anand, A. S., Hanson, J. L. (2023). Probing Multiple Algorithms to Calculate Brain Age: Examining Reliability, Relations with Demographics, and Predictive Power. *Human Brain Mapping*. <https://doi.org/10.1002/hbm.26292>
10. **Kahhalé, I.**, (2022). The Promise of Prediction: Review of Glenn & Raine, *NatRevNeuro*, 2014. Invited submission to *Nature Reviews Psychology*. <http://dx.doi.org/10.1038/s44159-022-00027-1>
11. Galán, C., Tung, I., Tabachnick, A., Sequeira, S., Novacek, D. M., **Kahhalé, I.**, ... Bekele, B. (2022). Combatting the conspiracy of silence: Clinician recommendations for talking about racism and racism-related events with youth of color. *Journal of the American Academy of Child and Adolescent Psychology*. <https://doi.org/10.31234/osf.io/kuryx>. Selected by JAACAP as an "Editor's Best of 2022" article.
12. Ong, D. C., Wu, Z., Zhi-Xuan, T., Reddan, M., **Kahhalé, I.**, Mattek, A., & Zaki, J. (2019). Modeling emotion in complex stories: the Stanford Emotional Narratives Dataset. *IEEE Transactions on Affective Computing*. <http://dx.doi.org/10.1109/taffc.2019.2955949>
13. Seligowski, A. V., Lebois, L. A. M., Hill, S. B., **Kahhalé, I.**, Wolff, J. D., Jovanovic, T., Winternitz, S. R., Kaufman, M. L., & Ressler, K. J., (2019). Autonomic responses to fear conditioning among women with PTSD and dissociation. *Depression and Anxiety*. <http://dx.doi.org/10.1002/da.22903>

MANUSCRIPTS UNDER REVIEW

1. **Kahhalé, I.**, Byrd, A. L., Hanson, J. L., (*under review*). Exploring the Nexus of Early Life Adversity and Empathy: A Comprehensive Review of Past Research and Recommendations for Future Directions.
2. **Kahhalé, I.**, Barry, R. K., Ong, D. C., Zaki, J., Hanson, J. L., (*revised & resubmitted*). Exploring the Role of Empathy in the Association Between Early Life Adversity and Antisocial Behavior.
3. Ong, D. C., Jospe, K., Reddan, M., Wu, Z., **Kahhalé, I.**, Perry, A., Zaki, J. (*under review*). People optimally and flexibly process emotional information across multiple modalities.
4. Reddan, M., Ong, D. C., Wager, T. D., Mattek, S., **Kahhalé, I.**, Zaki, J. (*under review*). Dissociable Patterns of Socioemotional Intent and Inference Align when Observers are Empathically Accurate.

5. Galán, C., Tung, I., Tabachnick, A., Sequeira, S., Novacek, D. M., **Kahhalé, I.**, ... Bekele, B. (2021, March 5). Talking about Racism in the Context of the Trial against George Floyd's Murderer: Practical Recommendations for Professionals, Parents, & Clinicians. *PsyArXiv*.
<https://doi.org/10.31234/osf.io/t4m7j>

MANUSCRIPTS IN PREPARATION

1. **Kahhalé, I.**, Barry, R. K., Ong, D. C., Zaki, J., Hanson, J. L., (*in prep*). Low Empathic Accuracy for Negatively-Valenced Emotional Stimuli Predicts Link between Early Life Adversity and Antisocial Behavior.
2. **Kahhalé, I.**, Hackel, L. & Zaki, J., (*in prep*). Empathy and narratives in the courtroom: Both perspectives balance the scale.
3. Byrd, A. L., **Kahhalé, I.**, Vize, C., Griffith, R., Viding, E., Stepp, S. (*in prep*). Expanding contingency learning models of aggression: conceptual and methodological considerations to enhance clinical utility. Submission to Special Issue of Aggression and Violent Behavior.
4. Nook, E., Chwyl, C., **Kahhalé, I.**, Wu, Z., & Zaki, J., (*in prep*). Interpersonal emotion differentiation.

PRESENTATIONS

Trainee authors/presenters are underlined.

TALKS & WORKSHOPS

1. **Kahhalé, I.** (2024). Cultural Opportunities and Misses while Treating Trauma in a Minoritized Adolescent. Clinical talk presented to Pitt Clinical Students, June 12th, 2024.
2. **Kahhalé, I.** (2024). Empathy as a Critical and Underexplored Link between Early Life Adversity and Externalizing Psychopathology. Invited research talk presented to the Princeton University Logic of Emotion (LEMO) Lab, June 2024.
3. **Kahhalé, I.** (2024). Exploring the Nexus of Early Life Adversity and Empathy: A Comprehensive Review of Past Research and Recommendations for Future Directions. Research talk presented to the Department of Psychology Jeremy Johnson Landen Award Event, April 2024.
4. **Kahhalé, I.** (2024). Treating Trauma and Suicidality in a Minoritized Adolescent: a Cultural Case Conceptualization & Presentation. Clinical talk presented to Pitt Clinical Students, March 20th, 2024.
5. **Kahhalé, I.**, Hanson, J. L., Raine, Adrian, Byrd, A. L. (2023). Socioemotional brain structure and normative deviations: Connections with subtypes of empathy and aggression. Invited Flash Talk at Aggression and Violent Behavior Conference, October 2023.
6. Byrd, A. L., **Kahhalé, I.**, Stepp, S. (2023). Expanding Learning Models of Aggression: Examining Function within the Dyadic Context to Enhance Clinical Utility. Talk at Aggression and Violent Behavior Conference, October 2023.
7. **Kahhalé, I.** (2024). Practicum Placement at Services for Family Enrichment (SAFE): Opportunities and Challenges. Clinical talk presented to Pitt Clinical Students, August 10th, 2023.

8. **Kahhalé, I.**, Barry, K., Hanson, J. L. (2023). Empathic Accuracy Moderates the Association between Early Life Adversity and Adult Antisocial Behavior. Invited Data Blitz Talk at Society for the Scientific Study of Psychopathy Early Career Event, May 2023.
9. **Kahhalé, I.**, Barry, R. K., Hanson, J. L., (2023). Empathic Accuracy Moderates the Association between Early Life Adversity and Adult Delinquency. Flash talk presented at Society for Affective Science (SAS) Meeting, April 2023.
10. **Symposium Chair**, Heterogeneity in Externalizing Psychopathology: the Contribution of Multiple Etiological Pathways across Childhood and Adolescence (2023). Society for Research in Child Development (SRCD) biennial meeting symposium, March 2023.
11. **Kahhalé, I.**, Hanson, J. L., Raine, Adrian, Byrd, A. L. (2023). Associations between Empathy and Aggression Subtypes in High-Risk Adolescents. Symposium talk at SRCD biennial meeting, March 2023.
12. Galán, C., Boness., C., Sequeira, S., **Kahhalé, I.**, Gonzalez, C. J. (2022). Workshop on “Prioritizing Anti-Racism in Our Research and Professional Development: Lessons Learned from Scholars for Elevating Equity and Diversity (SEED)”. JCCAP Future Directions Forum, June 2022.
13. Reddan, M., Ong, D. C., Mattek, A., **Kahhalé, I.**, Zaki, J. (2022). Brain representations of socioemotional information: the separation of input and inference. Talk presented at the International Society for Research on Emotions Conference, Los Angeles, CA.
14. Boness., C., Gonzalez, C. J., **Kahhalé, I.**, (2022). Combatting the Conspiracy of Silence: Recommendations for Talking about Racism-Related Events. Invited Workshop for Clinical Psychology PhD Students at Palo Alto University. May 2022.
15. **Kahhalé, I.**, (2021). Probing Associations between Childhood Maltreatment, Brain Connectivity, and Later Antisocial Behavior. University of Pittsburgh Clinical Research Seminar. October 29, 2021.

POSTERS

1. **Kahhalé, I.**, Hanson, J. L. (2024). Empathic Accuracy for Negative Stimuli Moderates the Association between Early Life Adversity and Adult Antisocial Behavior. Poster accepted for the upcoming Society for Research on Psychopathology, October 2024.
2. **Kahhalé, I.**, Hanson, J. L., Raine, Adrian, Byrd, A. L. (2024). Socioemotional brain structure and connections with subtypes of aggression. Poster at the University of Pittsburgh Medical Center (UPMC) Department of Psychiatry Research Day (June 13, 2024).
3. **Kahhalé, I.**, Hanson, J. L. (2024). Probing connections between social connectedness, mortality risk, and brain age: A preregistered study. Poster at the Social and Affective Neuroscience Society Conference (April 10-13, 2024).
4. **Kahhalé, I.**, Hanson, J. L., Raine, Adrian, Byrd, A. L. (2023). Emotion regulatory brain structure and normative deviations: connections with subtypes of aggression. Poster at Developmental Affective Neuroscience Symposium Conference, November 9th 2023.

5. **Kahhalé, I.,** Barry, K., Hanson, J. L. (2023). Empathic Accuracy Moderates the Association between Early Life Adversity and Adult Antisocial Behavior. Poster at the Society for the Scientific Study of Psychopathy Early Career Event, May 2023.
6. **Kahhalé, I.,** Barry, K., Hanson, J. L. (2023). Positive Parenting Moderates Associations between Childhood Stress and Corticolimbic Structure. Poster at SRCDD biennial meeting, March 2023.
7. Smith, C., **Kahhalé, I.,** Hanson, J.H. (2021). Investigating Associations between Childhood Maltreatment, Cortical Thickness, and Surface Area. University of Pittsburgh Psychology Department Undergraduate Student Research Poster Session. April 14, 2021.
8. **Kahhalé, I.,** Hackel, L., & Zaki, J. (2020). The impact of victim and defendant narratives on empathy, dehumanization, and sentencing. Data Blitz talk at the 2020 American Psychology-Law Society Annual Conference, in New Orleans, Louisiana, March 5-7, 2020.
9. **Kahhalé, I.,** Hackel, L., & Zaki, J. (2019). Mock juror exposure to two sides in a criminal case. Poster at the Annual Society for Personality and Social Psychology Conference, Portland, OR.
10. **Kahhalé, I.,** Lebois, L., Bigony, C., Wolff, J., Winternitz, S., Ressler, K., Kaufman, M. (2017). The fear response in dissociative identity disorder: An acoustic startle response study. Poster at the Tufts Undergraduate Research Symposium, Medford, MA.
11. **Kahhalé, I.,** Lebois, L., Bigony, C., Wolff, J., Winternitz, S., Ressler, K., Kaufman, M. (2017). The fear response in dissociative identity disorder: An acoustic startle response study. Poster at the International Society for the Study of Trauma and Dissociation Conference, Arlington, VA.

RESEARCH EXPERIENCE

- Project Coordinator, Stanford Social Neuroscience Lab, Stanford University** Sept. 2017 – June 2019
- Advisor: Dr. Jamil Zaki, PhD
 - Collected data for a multi-site, R01-funded project on the neural and computational bases of naturalistic emotion inference.
 - Leveraged 12 million national incarceration records to explore impact of perspective taking on prison sentence recommendations.
- Research Assistant, Ressler Neurobiology of Fear Lab, Harvard/McLean Hospital** Jun. 2016 – May 2017
- Advisors: Dr. Kerry Ressler, MD PhD, Dr. Lauren A. M. Lebois, PhD
 - Completed independent honors thesis project assessing the fear response in women with a history of chronic childhood abuse and maltreatment.
- Research Assistant, PTSD Neuroimaging Lab, Tufts University** Sept. 2015 – Dec. 2015
- Advisor: Dr. Lisa Shin, PhD
 - Assisted with U.S. Army-funded research on the therapeutic utility of Transcranial Direct Current Stimulation.
- Research Assistant, Early Childhood Cognition Lab, MIT** May 2015 – Aug. 2015
- Advisor: Dr. Laura Schultz, PhD, Melissa Klein
 - Collected/coded video data from children at Boston Children’s Museum

CLINICAL EXPERIENCE & TRAINING

Clinical Extern, Mother and Family Dialectical Behavior Therapy (DBT) Skills Training May 2024 – present

- Pitt. Medical Center (UPMC) Western Psychiatric Institute & Clinic (WPIC)
- Supervisors: Dr. Amy L. Byrd, PhD; Dr. Stephanie Stepp, PhD
- Deliver DBT skills training to mothers of 9–11-year-olds with borderline personality disorder as part of a federally funded randomized control trial to test emotion dysregulation as intergenerational risk mechanism for suicide.
- Conduct suicide risk assessments and develop safety plans with families.

Clinical Extern, Mathilda Theiss Center for Child & Adolescent Trauma Aug. 2023 – present

- UPMC WPIC
- Supervisors: Dr. Kimberly Blair, PhD; Rachel Ludwig, LCSW
- Deliver evidence-based trauma-informed therapy including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Integrative Treatment for Complex Trauma – Adolescent (ITCT-A).

Clinical Extern, Services for Adolescents and Families (SAFE) & Alternative for Families Cognitive Behavioral Therapy (AF-CBT) Program May 2023 – June 2024

- UPMC WPIC
- Supervisors: Dr. David Kolko, PhD ABPP; Eunice Torres, MS; Jessica Gahr, MA
- Conduct clinical assessment, consultation, and treatment of juvenile sexual offenders (ages 10-18) court-mandated to treatment using CBT.
- Attend weekly collaborative treatment team meetings with probation officers to review program and case progress.

Clinical Extern, Pediatric Neuropsychology May 2023 – Aug. 2023

- UPMC Children’s Hospital
- Supervisor: Dr. Sarah Laughlin, PhD
- Conduct weekly pediatric neuropsychology outpatient evaluations with individuals ages 3-25 presenting with a variety of concerns including traumatic brain injury, stroke, and epilepsy.
- Designed test batteries, administered, scored, and interpreted neuropsychological tests, wrote integrated reports, and provided feedback.

Assessing Clinician, Pitt. Clinical Psychology Center Aug. 2021 – Aug. 2023

- Supervisors: Dr. Jill Cyranowski, PhD; Dr. Andrew Koffmann, PhD
- Conducted neuropsychological testing for adult and child clients for a variety of concerns (e.g., ADHD, learning disabilities, memory impairment).

- Clinical Extern, *Services for Teens at Risk (STAR)*** Aug. 2022 – June 2023
- UPMC Western Psychiatric Institute & Clinic (WPIC)
 - Supervisor: Maria Anderson, LCSW
 - Conducted assessment interviews with adolescents (ages 13-18) with depression, anxiety, and suicidality; co-led IOP groups; independently conducted individual outpatient therapy.
- Study Clinician, *Families, Emotions, Neuroscience, & Development Laboratory*** May 2022 – May 2023
- University of Pittsburgh
 - Conducted diagnostic interviews (i.e., K-SADS) and suicide risk and safety assessments with Teen SCREEN Study participants (adolescent girls ages 13-17 with recent suicidality and/or self-injurious behaviors).
 - Served as the on-call clinician responsible for responding to reports of suicidality during daily life assessments via follow-up phone interviews.
- Peer Supervisor, *Pitt. Clinical Psychology Center*** May 2022 – Dec. 2022
- Mentored and supervised student clinician on learning clinic procedures, managing caseload, and developing skills as clinician (1 hour/week).
- Individual Child CBT Psychotherapist, *Pitt. Clinical Psychology Center*** Jan. 2022 – Dec. 2022
- Supervisors: Dr. Barbara Baumann, PhD; Dr. Jennifer Silk, PhD
 - Used standardized treatment protocols to treat child and teen clients.
- Clinic Assistant, *Pitt. Clinical Psychology Center*** Jan. 2022 – Aug. 2022
- Support departmental clinic through managing calls from clients, conducting phone intakes, and assisting student clinicians with tasks.
- Individual Adult CBT Psychotherapist, *Pitt. Clinical Psychology Center*** Nov. 2020 – Apr. 2022
- Supervisors: Dr. Jill Cyranowski, PhD; Dr. Kathryn Roecklein, PhD
 - Used standardized treatment protocols to treat adult clients with anxiety, depression, and ADHD.

TEACHING EXPERIENCE

ACADEMIC TEACHING

- Graduate Teaching Assistant, *Intro. to Psychology*, Pitt.** Aug. 2022 – Dec. 2022
- Held weekly office hours, hosted review sessions, & graded assignments.
- Instructor of Record, *Intro. to Social Psychology*, Pitt.** June 2021 – Aug. 2021
- Organized and taught a virtual course with both synchronous and asynchronous components (via Panopto, Canvas, and Top Hat).
- Guest Lecturer, *Intro. to Psychology*, Pitt.**
- Lecture: Childhood Maltreatment & the Brain October 2021
 - Lecture: Childhood Maltreatment & the Brain April 2021
 - Lecture: The Stress Response & Adverse Childhood Experiences March 2020

- Graduate Teaching Assistant**, *Intro. to Psychology*, Pitt. Jan 2020 – April 2020
- Held weekly office hours, hosted review sessions, & graded assignments.
- Undergraduate Teaching Assistant**, *Intro. to Psychology*, Tufts University Aug. 2016 – Dec. 2016
- Held weekly office hours, graded assignments, and provided feedback.

COMMUNITY-BASED TEACHING

- Workshop Facilitator**, *University Counseling Center*, Pitt. June 2020 – Aug. 2020
- Led virtual workshops on stress management, mindfulness, and other topics aimed at helping students cope with the COVID-19 pandemic.
- Tutor**, *Gwen's Girls*, Pittsburgh, PA May 2020 – Aug. 2020
- Provided weekly academic support to young women from underprivileged backgrounds during the COVID-19 pandemic.
- Volunteer Instructor**, *Fresh Lifelines for Youth*, Santa Clara County, CA Dec. 2018 – Apr. 2019
- Taught weekly class (12-week curriculum) to at-risk youth on relevant laws.
- Volunteer Tutor**, *Each One Reach One*, San Mateo, CA Jan. 2018 – Jan. 2019
- Served as weekly GED tutor to incarcerated youth in Juvenile Justice Center

SERVICE

ACADEMIC SERVICE

- Member**, *Psychology Equity, Inclusion, and Community Committee*, Pitt. July 2020 – present
- Advanced outreach and culturally informed initiatives within the Clinical Area branch of the committee's clinical subgroup.
- Contributing Author**, *Scholars for Elevating Equity and Diversity (SEED)* Nov. 2020 – present
- Co-author publications in collaboration with other scholars centering on issues of diversity, equity, and inclusion.
- Graduate Mentor**, *Hot Metal Bridge Program*, Pitt. Aug. 2023 – June 2024
- Mentored a post-baccalaureate student from an underrepresented group. Aug. 2021 – May 2022
- Co-Leader**, *Psychology Equity, Inclusion, and Community Committee, Clinical Subgroup*, Pitt. April 2021 – August 2023
- Collaborated with department leadership to advance diversity & equity in research, academic curriculum, and practice.
 - Co-led Cultural Humility Club for training student clinicians.
- Editor**, *Application Statement Feedback Program (ASFP)* Oct. 2022
- Provided constructive & supportive feedback on 4 PhD application personal statements for individuals with identities underrepresented in psychology.

- Peer Reviewer**, *Journal of Emerging Investigators (JEI)* June 2020 – Sept. 2022
- Volunteer as a peer reviewer for an open-access journal publishing research from middle and high school students.
- Grad Council Rep.**, *Learning, Research, & Development Center*, Pitt. Sept. 2019 – Sept. 2022
- Served as **Grad Council Leader** from Jan. 2022 – Sept. 2022
 - Nominated to represent Developmental Psychology grad students at Pitt.
 - Managed annual budget of \$1,000 and organized activities.
- Graduate Advisor**, *Psi Chi Pitt. Chapter* April 2021 – May 2022
- Advised and supported undergraduate members of Psi Chi in planning professional development workshops and speaker engagements.
- Peer Mentor**, *Psychology Department*, Pitt. June 2020 – June 2021
- Mentored a 1st year graduate student on balancing demands of graduate school, seeking out funding, and setting personal and professional goals.
- Grad Student Rep.**, *Clinical Psychology Area*, Pitt. May 2020 – May 2021
- Nominated to represent graduate students in the clinical psychology area through attending faculty meetings, organizing events, and relaying concerns.
 - Created a video and slideshow (still in use by the program) to be used for prospective PhD applicants.
- Undergraduate Honors Thesis Mentor**, *Psychology Department*, Pitt. Sept. 2020 – May 2021
- Served as the graduate student mentor for an undergraduate writing a thesis on adverse childhood experiences & physical health outcomes.
- Mentor**, *Society for Clinical Child & Adolescent Psych.* (Division 53) March 2020 – March 2021
- Communicated with undergraduate mentee monthly, providing professional and personal development guidance.

COMMUNITY-BASED SERVICE

- Assistant Coach**, *Girls on the Run*, Pittsburgh, PA Spring 2020, Spring 2021
- Coached girls (3rd-7th grade) on body positivity, confidence, & exercise.
- Hotline Counselor**, *Crisis Intervention & Suicide Prevention Center*, CA Jan. 2018 – May 2019
- Volunteered weekly as a crisis phone counselor for San Mateo county.
- Hotline Counselor**, *Ears for Peers*, Tufts University Aug. 2015 – May 2017
- Served as a phone counselor for Tufts students to discuss concerns.

METHODOLOGICAL WORKSHOPS & COURSEWORK

Graduate Coursework

- Mixed-Effects Modeling Fall Term 2023
- Data Science for Psychology and Neuroscience (*Carnegie Mellon University*) Spring Term 2022

Behavioral Neuroscience	Fall Term 2021
Structural Equation Modeling	Spring Term 2021
Advanced Statistics II	Spring Term 2020
Advanced Statistics I	Fall Term 2019

Workshops

Group Iterative Multiple Model Estimation (GIMME), APA Workshop	April 6, 2023
Applied Machine Learning in R, Pittsburgh Summer Methodology Series	July 19–23, 2021
Brain Connectivity Workshop: Consciousness & Cognition	May 25-28, 2021
Structural Equation Modeling, Curran-Bauer Analytics	May 10-12, 2021
Data Wrangling in R, Stanford University Workshop	Feb. 2018
Intro to Python, Stanford University Workshop	Jan. 2018
MRI Scanner Operator Certification, Stanford Center for Neurobiological Imaging	June 2018

CLINICAL WORKSHOPS, CERTIFICATIONS, & CLEARANCES

Dialectical Behavior Therapy (DBT) Skills Training, UPMC	May 2024 – July 2024
<ul style="list-style-type: none"> • Dr. Maureen Zalewski, PhD (University of Oregon) • Three-month training as part of a NIMH R01-funded grant to deliver DBT to mothers with emotion dysregulation and history of suicide • Weekly training (10hrs./week) includes review of textbook and videos (4-7 hrs.), recording applied practice (2 hours), and supervision meeting (1 hr.) 	
Diagnosing Trauma- and Stressor-Related Disorders, UPMC	Dec. 2023
<ul style="list-style-type: none"> • Dr. Kimberly Blair, Ph.D. (2 hrs.) 	
Integrative Treatment of Complex Trauma for Adolescents (ITCT-A), UPMC	Oct. 2023
<ul style="list-style-type: none"> • Dr. Cheryl Lanktree, Ph.D. (6 hrs.) 	
Comprehensive Crisis Management, UPMC	Oct. 2023
<ul style="list-style-type: none"> • Training to support individuals in crisis, including aggression management and emergency safety intervention techniques (8 hrs.) 	
Counseling on Access to Lethal Means (CALM), Zero Suicide	Sept. 2023
<ul style="list-style-type: none"> • Training on lethal means counseling reducing access for people at risk for suicide (2 hrs.) 	
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	Sept. 2023
<ul style="list-style-type: none"> • Dr. Alicia Meyer, Ph.D. • Completed 11-hour webinar (TF-CBT Web), 2-day live training (16 hrs.), and undergoing monthly 1-hour consultations calls for 12 months. 	
Cultural Humility Peer Discussion Group, Pitt.	Aug. 2020 – Sept. 2023
<ul style="list-style-type: none"> • Monthly meetings led by student clinicians 	
Minimal Fact Interviewing on Child Abuse, UPMC Children's Hospital	Aug. 2023
<ul style="list-style-type: none"> • Richard DiBello, Senior Forensic Interviewer (1.5 hours) 	
Culturally Humble Approaches to Discussing Firearm Safety, VA Pittsburgh	July 2023
<ul style="list-style-type: none"> • Dr. Sarah Butterworth, PhD (1.5 hours) 	

Clinical Homicide & Aggression Management Practices for Inpatient, Outpatient, & Nontraditional Settings, UPMC	July 2023
<ul style="list-style-type: none"> • Dr. Jack Rozel, MD, MSL (8 hours) • Training on violence risk management in a clinical setting 	
Alternative for Families Cognitive Behavioral Therapy (AF-CBT)	June 2023
<ul style="list-style-type: none"> • Dr. David J. Kolko, Ph.D., Dr. Barbara Baumann, Ph.D., Dr. Sarah Clearly, Ph.D. • A behavioral family intervention for families who exhibit or are at risk for problems with anger, aggression, and/or child physical abuse. • 2.5 day training (20 hrs.), monthly 1-hour consultations calls for 12 months. 	
Basic Training in Child Trauma, UPMC Theiss Center for Child and Adolescent Trauma	July 2022
<ul style="list-style-type: none"> • Dr. Kimberly Blair, PhD. (3 hrs.) 	
Integrating Diversity Factors into Evidence-Based Treatments	March 2022
<ul style="list-style-type: none"> • Dr. Anu Asnaani, PhD, <i>University of Utah</i> (3 hrs.) 	
Motivational Interviewing Workshop	Sept. 2021
<ul style="list-style-type: none"> • Allegheny HealthChoices (14 hrs.) 	
Developing Therapists' Multicultural Orientation Through Intentional Practice	June 2021
<ul style="list-style-type: none"> • Dr. Jesse Owen, PhD, <i>University of Denver</i> 	
Pitt. Psychology Department Empathy Training	Jan. 2021
<ul style="list-style-type: none"> • The University of Pittsburgh, Professor Karina Schumann, PhD. (1 hr.) 	
Telepsychology Best Practices 101	Aug. 2020
<ul style="list-style-type: none"> • Clinical Evaluation & Care: Cultural Competencies, Documentation (2 hrs.) • About the Tech: Video, Email, Text Messaging, & Apps (2 hrs.) • Legal, Regulatory, & Ethical Rules of the Road (2 hrs.) 	
A Practical Guide to Providing Telepsychology with Minimal Risk	Aug. 2020
<ul style="list-style-type: none"> • The National Register of Health Service Psychologists (3 hrs.) 	
Anti-Racism Training	June 2020
<ul style="list-style-type: none"> • The Diversity and Resiliency Institute of El Paso (6 hrs.) 	
Trauma-Focused Cognitive Behavioral Therapy Training	May 2020
<ul style="list-style-type: none"> • TF-CBT Web 2.0 (11 hrs.) 	
Identifying and Addressing Intimate Partner Violence in Clinical Practice	Feb. 2020
<ul style="list-style-type: none"> • Dr. Patricia Cluss, PhD, <i>University of Pittsburgh</i> 	
FBI Criminal Background Check	Oct. 2019
Pennsylvania State Criminal Background Check	Oct. 2019
Pennsylvania Child Abuse History Certification	Oct. 2019
Pennsylvania Mandated Reporting Training	Sept. 2019
<ul style="list-style-type: none"> • Recognizing & Reporting Child Abuse (3 hrs.) 	
Mental Health First Aid Certification	June 2018
<ul style="list-style-type: none"> • Mental Health First Aid USA (8 hrs.) 	
National Hotline Counselor Certification	Jan. 2018
<ul style="list-style-type: none"> • Crisis Intervention & Suicide Prevention Center (48 hrs.) 	

SKILLS

Data Collection & Analysis

- R and R Studio for statistics and data wrangling
 - Structural Equation Modeling (SEM) using {lavaan}
- R Markdown files and GitHub (www.github.com/isabellakahhale) for code sharing

Cognitive Assessments (*selected*)

- Wechsler Adult Intelligence Scale (WAIS-IV)
- Wechsler Intelligence Scale for children (WISC-V)
- Wechsler Individual Achievement Test (WIAT-III)
- Minnesota Multiphasic Personality Inventory II (MMPI-II)

Clinical Interviews

- The Structured Clinical Interview for DSM-IV Clinician Version (SCID-5-CV)
- The Mini International Neuropsychiatric Interview (MINI)
- The Schedule for Affective Disorders and Schizophrenia for School-Age Children - Present and Lifetime Version (K-SADS-PL)

Manualized/Evidence-Based Treatments

- The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders
- Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC)
- Alternative for Families Cognitive Behavioral Therapy (AF-CBT)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Integrative Treatment of Complex Trauma for Adolescents (ITCT-A)

Languages

- Lebanese Arabic (native speaker), Spanish (proficient)

EDITORIAL ACTIVITIES

Invited Ad Hoc Reviewer

Psychological Medicine

Co-Reviewer with Dr. Jamie L. Hanson

*Affective Science, Developmental Cognitive Neuroscience, Psychological Science,
Social Cognitive and Affective Neuroscience, Journal of Experimental Child Psychology*

Co-Reviewer with Dr. Amy L. Byrd

Aggression and Violent Behavior

MENTORED STUDENTS

Post-Baccalaureate Fellows/Staff

Steven Harris (now Pacific University), Sydni Davalia (now Pitt.),
Kelly Barry MS (now University of Houston)

Undergraduate Students

Aysu Türkay (Princeton), Ashley J. Harbaugh (Pitt.), Simon Wang (Pitt.), Courtney Smith (Pitt.)

PROFESSIONAL MEMBERSHIPS

Society of Clinical Child and Adolescent Psychology	2023 – present
Society for a Science of Clinical Psychology	2023 – present
Society for the Scientific Study of Psychopathy (SSSP)	2022 – present
Flux Society (Developmental Cognitive Neuroscience)	2020 – present
American Psychological Law Society (AP-LS)	2019 – present
American Psychological Association (APA)	2019 – present
Psi Chi, the International Honor Society in Psychology	2017 – present
Social and Affective Neuroscience Society	2017 – present
Society for Personality and Social Psychology	2017 – 2019

MEDIA COVERAGE (*SELECTED*)

- “Childhood trauma could lead to worse COVID-19 outcomes decades later.” **PittWire** (2023, November 14). Retrieved November 14, 2023 from <https://tinyurl.com/3ds695y5>
- “Study links childhood trauma to COVID-19 deaths, hospitalizations.” **MedicalXpress** (2023, November 3). Retrieved November 6, 2023 from <https://medicalxpress.com/news/2023-11-links-childhood-trauma-covid-deaths.html>
- “The Neuroscience of Nurturing: Protecting the brain with positive parenting.” **Psychology Today** (2023, July 7). Retrieved July 11, 2023 from <https://www.psychologytoday.com/intl/blog/the-gift-of-adhd/202307/the-neuroscience-of-nurturing>
- “Positive parenting can help protect against the effects of stress in childhood and adolescence, new study shows.” **Yahoo! News** (2023, July 10). Retrieved July 11, 2023 from <https://news.yahoo.com/positive-parenting-help-protect-against-123226467.html>